

Rotary

Club of Spring Valley (Columbia)



Tuesday, August 12, 2025

Meeting agenda 8.14.2025

**UNITE
FOR
GOOD**



Club Meeting

Spring Valley (Columbia)
Meets at Northeast
Presbyterian Church
601 Polo Road
Columbia, SC 29223
Time: Thursday at 01:00
PM

Club Leaders



Lachaska
Salmond
President



Michele L.
Dunphy
President-
Elect



Denise
LaRue
Ruben
Satellite
Club Chair



Sara Raub
Secretary



William
Keith
Chichester
Treasurer



Jennifer
Guerry
Broome
Club
Director /
Board
Member



John Walko
Club
Director /
Board
Member



Diane
Wood Junis
Foundation
Chair
Public
Image



Spring Valley
Rotary 

Menu: Chicken tenders with plain, teriyaki and honey mustard sauce, mac and cheese, house salad, mixed veggies, dessert and tea
Invocation and Pledge: Lee Roberts
Health and Happiness: Jennifer Broome
Announcements: President Lachaska
Introduction of Speakers: Shelly Dunphy
Rotary's Youth Exchange Program
Amelia Chen - Inbound Student
Asher DePaoli - Outbound Student

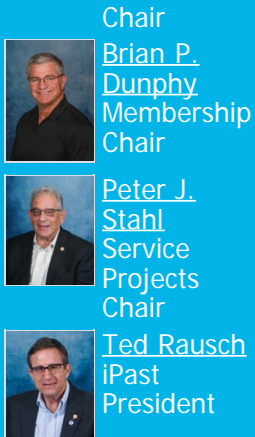


SIGN UP NOW - Saturday, August 16

Adopt-a Highway SIGN UP LINK



Join fellow Rotarians as we pick up trash on our section of Polo Rd. Meet in the parking lot behind the Taco Bell, at the corner of Polo and Two Notch Rd at **8:45 am, and we'll finish by 10 am.** Non-Rotarians, spouses, teenagers and prospective members are always welcome! Please wear



Chair
Brian P. Dunphy
Membership
Chair

Peter J. Stahl
Service
Projects
Chair

Ted Rausch
iPast
President

UPCOMING PROGRAMS:

August 21, 2025
[Honorary Member Celebration](#)

August 28, 2025
[Alejandro Espallat MD FACS](#)

Ophthalmology update - various eye conditions, including cataract surgery, glaucoma, and diabetic eye disease, as well as the application of artificial intelligence in Ophthalmology

September 04, 2025
[Kim Krapfel, MAT, NBCT](#)

Reading Coach, Lonnie B. Nelson Elementary School

September 11, 2025
[LaToshia Chukes, Founder](#)

Kind Acts for Humanity

September 25, 2025
[Kelli Rembert](#)
Fashion Marketing & Merchandising Instructor, RSD2

Events

August 16th
[Adopt-a-Highway Trash Pick-Up](#)

August 18th
[Transitions Service Opportunity](#)

August 28th

gloves. All other materials will be provided. **Questions? Contact Greg Seymour at gseymour25@yahoo.com**

Saturday, August 16: Signed up are: Greg Seymour, Ginny Reed, Diane Junis, Corey Price, Brian and Shelly Dunphy and our YE Student Amelia! We need at least 6-8 more volunteers!

Save the date for our last pick-up of the calendar year: Saturday, November 15



Double Good Popcorn Fundraiser for Youth Exchange - SAVE THE DATE!



Our virtual **Double Good** fundraiser will be held **Thursday, Sept 11 through Monday, Sept 15 (Begins at 1:30 pm Thursday and ends at 1:30 pm on Monday.)**

This project is 100% contactless, meaning we don't have to touch a bag of popcorn....the product ships directly to each buyer, and we get 50% of the profit, which will help fund our Rotary Youth Exchange Program. This year we are hosting one inbound student, Amelia from Taiwan and one outbound student, Asher who is going to Spain.

We'll each create a "Pop-Up" store and sell Double Good popcorn. Prices for signature bags (5 cups each) start at \$11. The popcorn is ultra-premium, delicious and award-winning.

You will need to download the Double Good app to your PHONE (we'll show you how to do this at our meeting on Thursday 9/4) If you participated last year, you already have an account. Use the APP on your phone.

We'll provide our event code.

Create your Pop-Up store. If you have a photo of you with an exchange student, use that....or just a photo of you....maybe in a Rotary shirt, but definitely use a photo!

Shelly Dunphy will lead our kick-off at Thursday's meeting. (9/4)

Here's the website for more info: <https://www.doublegood.com/popup/>

Contact Shelly Dunphy with any questions at (803) 920-3709 or shellydunphy@icloud.com

Serving Dinner at Transitions

Transitions 2025 Sign Up LINK



Next Service Date:

Monday, August 18 @ 5:15 pm

Signed up are: Brian Dunphy, Ginny Reed, Sara Raub and a guest. We're good, but please consider signing up for Monday, September 15 or 29. We have TWO Mondays in September.

Meals on Wheels Delivery

Pet Pals Fall Pet Food/Treat Collection



September 4th
Pet Pals Fall Pet Food/Treat Collection

September 15th
Transitions Service Opportunity

September 16th
Fall Social
The Beer Den at
Lowe's Foods
Village at Sandhill

September 29th
Transitions Service Opportunity

October 20th
Transitions Service Opportunity

8/14: Phil Newsom and ONE VOLUNTEER NEEDED

8/21: Phil Newsom and Lindsay Agostini

8/28: TWO VOLUNTEERS NEEDED

9/4: TWO VOLUNTEERS NEEDED

MEALS ON WHEELS SIGN UP link

Please sign up for a **Thursday** Meals on Wheels delivery. This involves meeting at Spring Valley Presbyterian Church (across from SVHS) at 10:30 a.m. and delivering meals to 5–10 homes on our Northeast Route, which takes about an hour. A spouse or friend, non-member or potential member can deliver with you.

Club Coordinator: PHIL NEWSOM 803-315-0299 newsomp133@gmail.com

New Member Inducted - Meet Cynthia Villar



Thank you, Deborah DePaoli for sponsoring Cynthia Villar for membership. Cynthia is a lifelong Christian and Columbia International University (CIU) MBA graduate with over 20 years of experience in different market sectors. She serves as the Director of CIU's Business & Career Development Center, which was started as an initiative based on three pillars: entrepreneurship, employment, and mentoring, to increase and expand access to high-quality training workshops and programs to help students, alumni, and the community start their own companies, pursue their dream job in today's high-demanding fields, or connect with mentors/coaches to grow personally and professionally. She combines this role with her Adjunct Faculty position teaching Marketing, Business Communications, and Capstone for the CIU School of Business.

Cynthia currently serves as a mentor and consultant for different entrepreneurship organizations in Peru, Chile, Argentina, and the USA and is on the steering committee for Halcyon Incubator. Cynthia works hand in hand with very talented and dedicated international CIU Graduate Assistants who are all devoted to making this center one of the best in the world. Her hobbies include: walking, going to the beach, driving, trying new food, good music, traveling, meeting new people, reading, and learning new things. She was inducted at our August 7 meeting.

Fall Social - Save the Date!



Let's Connect & Have Fun at Lowe's Foods Beer Den!



120 Forum Dr.
Village at Sandhills

**September 16th
at 5:30 PM**

FYI: It's a BYO...buy your own Event!





As Rotarians, we joined Rotary to make a difference and connect with others in our communities. To help us achieve our personal and professional goals, Rotary International and Toastmasters International have formed an alliance to provide opportunities to grow our networks, our leadership and communication skills, and our impact within the community.

This alliance with Toastmasters is different from Rotary International's relationships with other organizations: It enhances our membership experience through professional development opportunities and making connections beyond your club.

What is Toastmasters?

[Toastmasters International](#) is a non-profit, educational organization with more than 15,800 clubs in 149 countries. Since 1924, it has helped its members become more effective speakers, communicators, and leaders through a worldwide network of clubs, much like Rotary. How can you and your club get involved?

- [Find a Toastmasters club](#) near you and arrange a visit.

Join President Lachaska on Wed, August 20th. She will be visiting the Blue Streak Toastmasters Club:

Meeting Time: 12:00 pm - 12:50 pm

Location: BlueCross BlueShield of South Carolina- I20 & Alpine Rd

Phone: 803-264-5433

Member Spotlight - Jennifer Broome

Thank you, John Walko, for providing member spotlights on our Facebook pages. I've included them in the bulletin for those not on Facebook. If you'd like to be featured, let John know and he will send you the questionnaire. jwalko8374@gmail.com



Member Spotlight: Jennifer Guerry-Broome

What is your current role in the Spring Valley Rotary Club?

Club Director/Board Member

How long have you been a member of Rotary?

6 Months - I'm a newbie!

What inspired you to join Rotary?

After being invited by Sara Raub and learning about Rotary's motto of "service above self," I realized this was where I could connect with others who were passionate about helping the community. Joining the Rotary Club just felt like the natural next step.

Can you tell us a bit about your professional background and what you do?

I'm the Business Development Manager for Sincerely Yours Restoration & Carpet Cleaning, a family-owned business serving the Midlands since 1959! With almost 30 years in the local marketing world, I love meeting new people – I never meet a stranger!

What's one of the most rewarding experiences you've had as a Rotarian?

I've had a few, but being told by two individuals on a Meals on Wheels route that our visit "made them a little less lonely" and "truly made their week" meant the world to me. That's why I keep delivering visits.

How has Rotary impacted your personal or professional life?

Rotary is teaching me the value of contributing to positive change in the community through my personal time and work. It's helped me meet amazing people, both personally and professionally!

What's a fun fact about you that most people don't know?

My Granddaddy and his family were from the Lowcountry. I spent summers fishing, crabbing, and shrimping on the Colleton River in Beaufort. I can still throw a shrimp net like a pro!

What's your favorite Rotary project or event that you've been involved with?

Tough choice, but the Meals on Wheels project has been my favorite! It's been such a rewarding experience.

How do you like to spend your free time outside of Rotary?

I love spending time with my family and friends – we're always up for trying new restaurants, attending festivals, traveling, and enjoying football games!

What is your favorite thing about being part of the Spring Valley Rotary Club?

I absolutely love the community service opportunities and the chance to meet fantastic speakers!

What is a piece of advice you would give to someone thinking about joining Rotary?

Want to make a difference? Want to give back? It's the friendliest hour of your week – join us!

Is there anyone in Rotary who has inspired you, and why?

Diane Junis! She's the most involved, knowledgeable, and organized Rotarian I know!

What are some of your personal goals for the next year, both in Rotary and outside of it?

I'm focusing on being more involved in service and giving back.

What message would you like to share with fellow Rotarians and the public through this spotlight?

I'm so excited to be part of something that helps build goodwill and new friendships every week! Let's keep growing and giving back together!

The Rotary Foundation - Paul Harris Fellow Recognition Award



Established in 1957, the Paul Harris Fellow recognition acknowledges individuals who contribute, or who have contributions made in their name, of \$1,000 to [The Rotary Foundation](#). Members can honor non-Rotarians with this award as Bev Ryan did recently. She awarded a Paul Harris Fellow to David Hall of Midlands Orphan Relief at our August 7 meeting. This organization was one of our community grant recipients last year.

Stay Connected via Facebook

Facebook is a great way to stay connected as a member of our club in two different ways.

1. Please "LIKE" our public Facebook page: *Spring Valley Rotary Club*

On this page we post membership information and the impact of all of our community service work. Please SHARE these public posts so that you can help promote the good work of our club. You never know what Facebook friend you have who just might be interested in becoming a Rotarian!

2. Please join our private club group called: *Rotary Club of Spring Valley*.

This is a "Member-Only" group, so nothing posted here can be shared. This page includes member reminders, service project opportunities, club needs, etc.

You need to be invited to join this group, so if you are not already a member, please send an email to Diane Junis at dianejunis@gmail.com, and an invitation link will be sent.

Partner Event - Senior Resources



Feel good, do good at Biscuits & Bluegrass, presented by BlueCross BlueShield of South Carolina!

Join us on Saturday, October 4, from 10 a.m. to 1 p.m. at The Hangar for a family-friendly morning of delicious food, live music, and community connection—all in support of Senior Resources and our mission to care for older adults in Richland County.

We're serving up all your favorites:

- A biscuit brunch catered by Flying Biscuit Café
- Craft beer and mimosas courtesy of Hunter-Gatherer Brewery
- Live bluegrass music from The Water Kickers that's sure to get your toes tappin'

General Admission includes one biscuit brunch token and two drink tokens.

VIP Admission includes reserved seating, an event t-shirt, a commemorative pint glass koozie, one brunch token, and four drink tokens. **Deadline to guarantee shirt sizes is September 12.**

New This Year: The Fall Fun Zone! Families will enjoy a seasonal celebration packed with games, crafts, and festive fall activities—perfect for kids of all ages.

Here's the link to purchase tickets:

[Senior Resources](#)



Fellow Rotarians,

We have now officially kicked off the new year, and I want to congratulate all the new Presidents who have been installed to lead their clubs in this new Rotary year! I am looking forward to visiting each and every club in the District, and I look forward to celebrating the great work you are all doing in your communities and around the globe!

This marks the inaugural **monthly District 7770 Newsletter** with small tidbits from the District applicable for all Rotarians to be sent by email and accessible on our DACdb home page and our District Website. It includes columns from the District Foundation Committee Chair, PDG Paul Walter, District Membership Committee Chair, PDG Kevin Crosby, and the District PI Committee Chair, AJ Gohil to share items of interest each month starting August 15. Thanks to our newsletter editor Joan Simpson Player for coordinating that effort.

We have three upcoming **District initiatives** that I want to encourage each club to participate in:

- **World Polio Week: October 20 - 24, 2025.** We want each club in our District to participate in helping to raise funds and awareness for End Polio Now. I would encourage nearby clubs to coordinate efforts with other clubs in your area or plan their own event. More information will be coming from District Polio Co-Chairs PDG Sandee Brooks and PDG Mary Gasque. Be on the lookout for "Flat Bernie"!
- **Rotary National Golf Invitation (RNGI): January 29 - 30, 2026.** We want to encourage each club to consider putting together a golf foursome for the tournament to be held at Sea Trail Plantation & Golf Resort in Sunset Beach, NC

(just across the SC border). There will be a welcoming reception on Thursday night, 1/29 and breakfast, a late shotgun start and BBQ lunch the next day, 1/30. Foursomes will be \$150 per person (\$600 per foursome), and sponsorships opportunities range from \$150 for hole sign sponsors all the way to \$5,000 for title sponsor. This will be a fun time for all, and proceeds go to Polio Plus and CART, with each club being credited for Polio and CART contributions for their respective participation. Promotional materials were sent recently with the registration information for foursomes and sponsor information from RGNi Co-Chairs AJ Gohil and Digit Matheny. The website with more information is <https://www.rnginvtational.com/>

- The **2026 District 7770 Conference** will be held March 20-22, 2026 at the North Charleston Marriott. We will have an early bird registration rate of \$275 that will come out later this year. Make plans to coordinate a group from your club to attend, and #UniteForGood with Rotarians from across our District. I promise we will have something special for everyone to be inspired to take action for lasting change - across the globe, in our communities and in ourselves!

You should have received a **District wide conference and training survey** sent out by email to all Rotarians in our District on July 29th. Please take a few moments to fill it out. It will not only help us in planning future District Conferences and training events, but also help enhance the experience of Rotarians in our District and have an opportunity for you to share your viewpoints. **Please take a few minutes to complete the survey now:** <https://www.IsMyRotaryClub.org/Survey/?SurveyID=1312>

I look forward to meeting you all at an upcoming Official District Governor visit at your club!
Unite For Good,
Sandy

Sandy Morckel
District Governor (2025-2026)
Rotary District 7770



District 7770 Calendar - Upcoming Themes, Events and Deadlines:

| | |
|--------------------|---|
| August 2025 | THEME: Membership and New Club Development Month |
|--------------------|---|

August 30, 2025: **Rotary Youth Exchange Long-Term preliminary applications** due to District Youth Exchange Chair Jami Rankin

| | |
|-----------------------|--|
| September 2025 | THEME: Basic Education and Literacy Month |
|-----------------------|--|

September - October – Plan a **World Polio Day** Event for October 20 - 24, 2026

September 15, 2025: **DG/President Bi-Monthly Zoom Update:** 3rd Mondays | 4:00 pm | [Zoom Link](#)

September 15, 2025: Submit **Quarterly Foundation Contributions** to The Rotary Foundation

Birthdays



[Charles Kerekes](#)
August 11th



[Judson "Greg" Seymour](#)
August 13th

[Raul Ortiz Jr.](#)
August 14th

[Candice Watkins](#)
August 15th



Wedding Anniversaries - None this week

Years of Service



[John S. Luallin](#)
30 Years



[Emma Mitchell](#)
4 Years